



 **Last call!**
Poster submissions close TODAY!

This is it!

Today is the final day to submit your poster for the *Lifestyle, Diet, Wine & Health* Scientific Congress.

If you want to present your research to leading experts, this is your last chance!

SUBMIT YOUR POSTER



Gain visibility

for your work.



Connect

with leading
researchers and
industry professionals.



**Be part of
cutting-edge
discussions**

on health and science.



Our guidelines

Click on the link below to read the detailed guidelines that will help you prepare your abstract.

[Our guidelines](#)

REGISTER FOR THE CONGRESS



Book your hotel

Secure your accommodation as soon as possible since 2025 is a Jubilee year in Rome, bringing many visitors.



The Program

Discover the program and the speakers who have already confirmed.



Stay up to date

Visit the website regularly to see the latest information.

Organisers



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The "Lifestyle matters" Declaration

The "Lifestyle Matters" Declaration was introduced by the Committee that organised the international congress "Lifestyle, Diet, Wine and Health" on 19/20 October 2023 in Toledo, Spain.

This declaration aims to give voice to the many scientists around the world who research diligently, honestly, and successfully in the disciplines concerning lifestyle and health risks to achieve a balanced view of the scientific evidence.

The Declaration can only be signed by scientists with on-going research, teaching, publication, or presentation activity, and who are in any way affiliated with either a university or a research-driven organisation.

Sign the "Lifestyle Matters" declaration

**Lifestyle, diet, wine and health
congress**

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