



REGISTRATIONS ARE OPEN !

We are thrilled to announce that registrations are now open for the "Lifestyle, Diet, Wine, and Health" Congress, taking place in the beautiful city of Rome from March 26 to March 28, 2025.



Secure your spot today and benefit from our early bird rate, available for a limited time. Don't miss this opportunity to attend two days of enriching discussions, networking, and the latest research findings in this dynamic field.

REGISTER NOW !



Book your hotel

Secure your accommodation as soon as possible since 2025 will be a Jubilee year in Rome, bringing many visitors.



The Program

Discover the [program](#) and the speakers who have already confirmed.



Stay up to date

Visit the [website](#) regularly to see the latest information.

Organisers



Partners



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The "Lifestyle matters" Declaration

The "Lifestyle Matters" Declaration was introduced by the Committee that organised the international congress "Lifestyle, Diet, Wine and Health" on 19/20 October 2023 in Toledo, Spain.

This declaration aims to give voice to the many scientists around the world who research diligently, honestly, and successfully in the disciplines concerning lifestyle and health risks to achieve a balanced view of the scientific evidence.

The Declaration can only be signed by scientists with on-going research, teaching, publication, or presentation activity, and who are in any way affiliated with either a university or a research-driven organisation.

Sign the "Lifestyle Matters" declaration

Lifestyle, diet, wine and health
congress

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